

Break barriers together for autism



A guide to support the Autism-Europe's
campaign and to raise awareness of autism



**This information
is easy to read**



Autism Europe

Introduction

This paper is an EasyRead document to help people to support the Autism-Europe's campaign.

Each year Autism-Europe has a campaign.

The campaign is for World Autism Awareness Day.

The name of our campaign in 2017 is “**Break Barriers Together for Autism**”.

Autism-Europe represents people with autism in Europe.

We talk with the people who make the laws in Europe.

We make sure they know the needs of autistic people.

Here we will explain what World Autism Awareness Day is.

We will explain what a campaign is.

We will explain what things we want to teach people with the campaign.

We will also explain how you can help.

And how you can share your own message.

What is World Autism Awareness Day?

Every year we celebrate World Autism Awareness Day
It is on the 2nd of April every year.

On this day we explain to people what autism is.

We explain some of the hard things about having autism.

But we also explain the good things people with autism can do.

We want society to be more friendly for everyone.

Autism-Europe's campaign

Every year Autism-Europe runs a campaign for this day.

A campaign is several activities to help people understand about something.

Autism-Europe's campaigns help people understand autism better.

The name of our campaign this year is **“Break barriers together for autism. Let's build an accessible society”**.

A barrier is a thing that stops you from doing what other people can do.

Accessible means that things and activities are easy to access for people.

We want to explain to people what barriers autistic people can have in society.

We will help people understand why it can be hard to be autistic.

And we will ask the people who make laws in Europe to help remove the barriers for people with autism.

We want to people with autism to have access to the things and activities other people do.

How to be part of the campaign before 2 April 2017

You can help us share this message.



You can write on a piece of paper a barrier that you have.

You can write “A barrier to accessibility for me is” and add a word or description.

Here is an example:

A barrier to accessibility for me is
that I do not have support to find a job



You can take a picture or video of yourself holding the paper.



If you like, you can put this photo on Facebook or Twitter.



You can help us see it by writing
#AutismDay2017 next to the picture.

How to be part of the campaign after 2 April 2017

You can then take another picture or video with the
same piece of paper.

A barrier to accessibility for me is
that I do not have support to find a job



This time you can rip or break the paper.



If you like, you can just print off the piece of paper that is here: <https://goo.gl/0eG7ZT>



You can take a picture of yourself holding it.

It is a way to show you support us.

It shows you want autistic people to not face so many barriers.

You do not have to do all of these things.

You can chose whichever ones you like.

If you do not use Facebook or Twitter it is not a problem.

You can send us your pictures in an email.

The email address is communication@autismeurope.org

Thank you for supporting the campaign!