



Autism-Europe improves  
the quality of life of autistic people

## E-newsletter- February 2018



This information is  
easy to read!



# Editorial



Welcome to  
**Autism-Europe's e-newsletter.**

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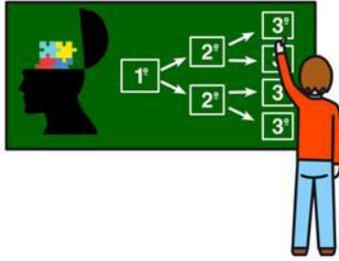
This newsletter is  
in **easy-to-read** language.

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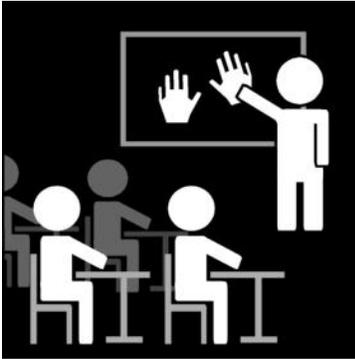
# 3

In this newsletter you will find  
**3 articles.**

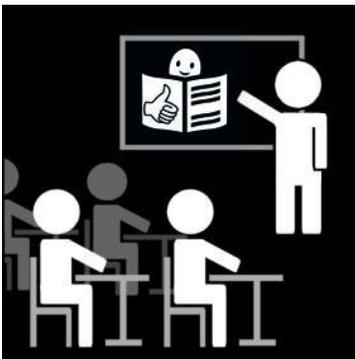
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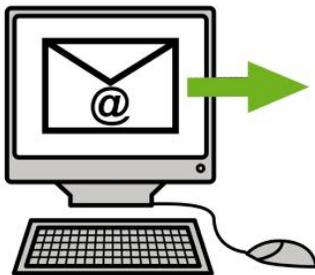
**The first article on page number 4** is about how the European Union should make a plan to support autistic people.



**The second article on page number 14** is about a new project with meeting in the Canary Islands.

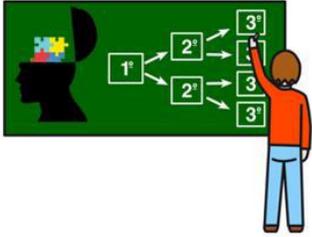


**The final article on page number 22** is about a training on easy-to-read writing given by Autism-Europe.

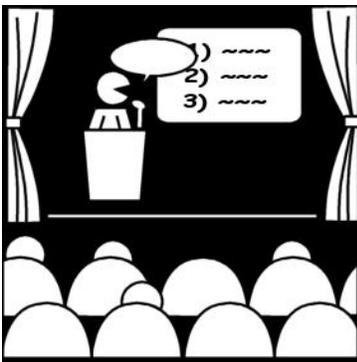


You can **send us ideas** for the next e-newsletter.

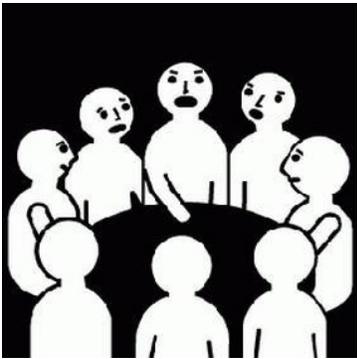
If you have ideas, **write us an email**. Write to [communication@autismeurope.org](mailto:communication@autismeurope.org)



# Autism Europe explains how to make a European plan for autism



In **January 2018** there was a **conference** in Madrid, in Spain



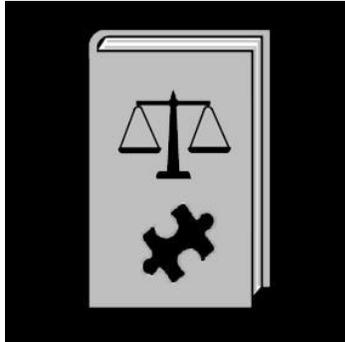
A **conference** is when people come together **to talk and listen** about a particular subject.



This conference was about **research on autism**.



Some of the research was **about how many people have autism** in different countries.



Some of the research was also about what laws exist in Europe to support autistic people



The conference was part of a **big programme called ASDEU.**



Some **people from Autism-Europe** were at the conference.



**Aurélie Baranger**,  
the **Director** of Autism-Europe,  
was there.



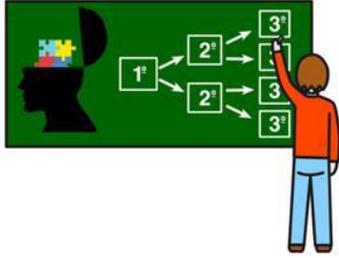
**Zsuzsanna Szilvassy**,  
the **President** of Autism-Europe,  
was also there.



Aurélie Baranger  
spoke at the conference.



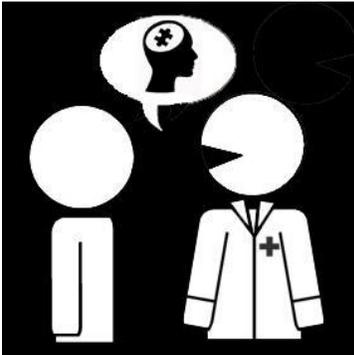
She explained **what things**  
the **European Union** should do  
**to support autistic people.**



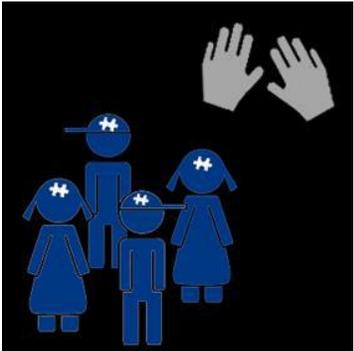
She explained how the European Union **should make a plan** to support autistic people.



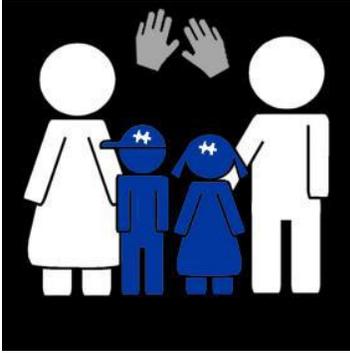
The plan should help people **get an autism diagnosis early**.



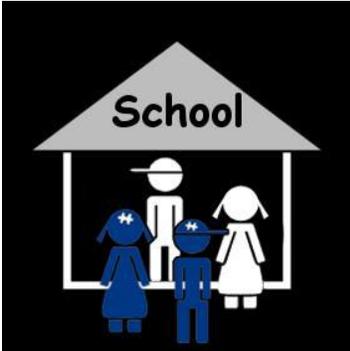
A “diagnosis” is when a **specialist** says that a person has autism.



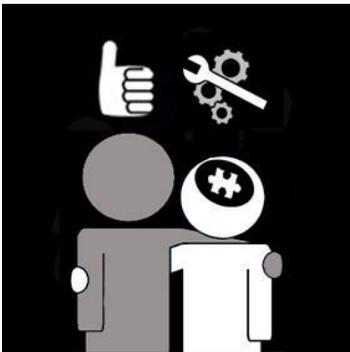
Having a **diagnosis at a young age** means a person can **get the support they need quickly**.



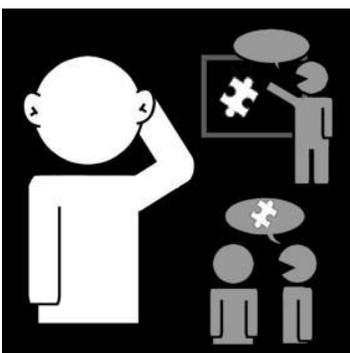
The plan should also **give support to parents** who have a child with autism.



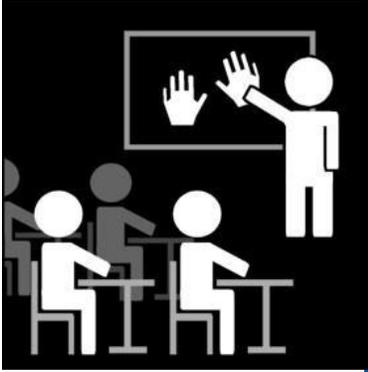
The plan should explain to countries how to **include autistic people in schools.**



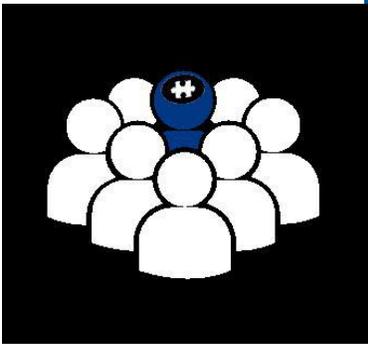
The plan should explain to countries how to support autistic people **who want to find a job.**



The European Union should spend money **to teach people about autism.**



They should teach people who work with autistic people **how they can support them better.**



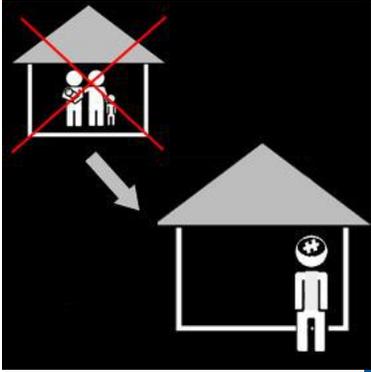
The plan should also explain to countries how autistic people can **live in the community.**



The European Union should spend money to **stop autistic people** having to **live in big institutions.**



An institution **is a place** where some people live when they **cannot live at home.**



In an institution people **do not live with their family.**



In an institution people **cannot make decisions** about their life.



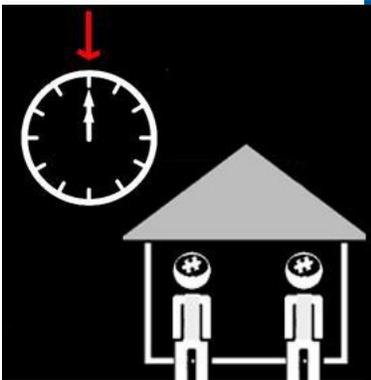
In an institution people are **kept away from their community.**



Autism-Europe **does not think an institution is a good place** for a person to live.



In the **past** many people with disabilities had to live in institutions.



Today **fewer people** live in institutions than in the past.



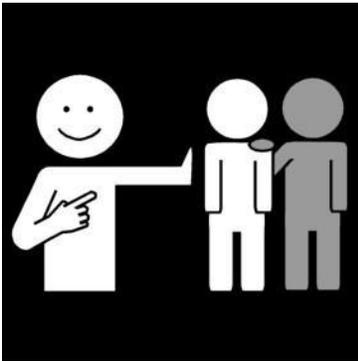
This is a **good thing**.



But lots of people with disabilities **still do live in institutions**.



The European Union  
**should help stop this.**



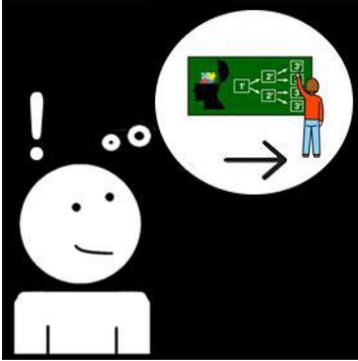
We want autistic people  
**to make choices** about their lives.



We want autistic people to **have support** to live like other people do.



These are **some of the things**  
**Autism-Europe** told the people  
working for the European Union.



We hope that the European Union  
**will make a plan** to support  
all autistic people.



We hope the European Union  
**will listen to our ideas.**



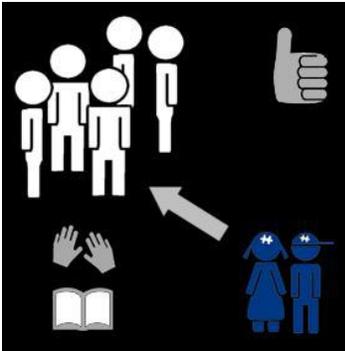
# New project starts with meeting in the Canary Islands



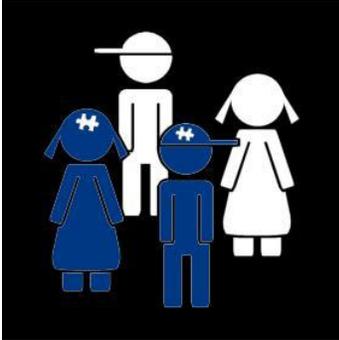
Autism-Europe is taking part in a **new project**.



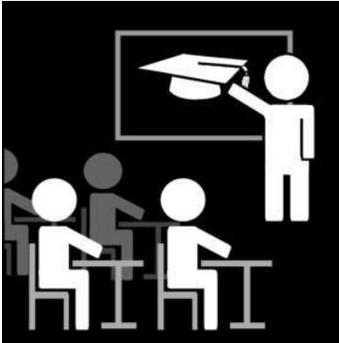
The projects is called **ETTECEC**.



The project is about including young autistic children in **school and care services**.



It is about **mixing autistic children with other children** who are not autistic.



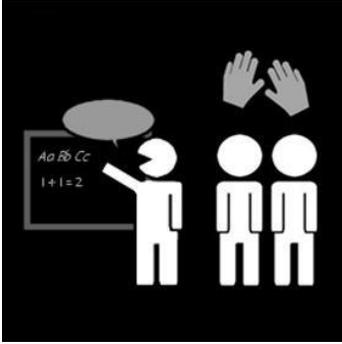
It is about **showing teachers and carers** how to include autistic children.



It teaches them **how to support** autistic children.



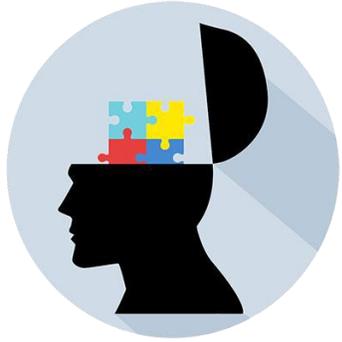
It is about **stopping** autistic children from **being separated** from other children.



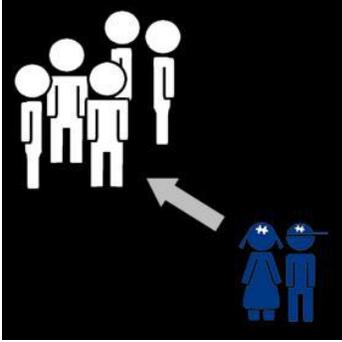
The project will **train some teachers** and carers in three countries.



The countries are **Spain, Slovenia** and the **Czech Republic**.



It will train teachers and carers **about what autism is**.



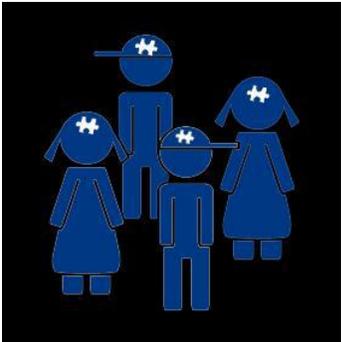
It will train them about **how to include autistic children**.



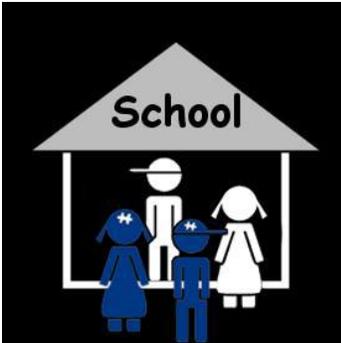
It will train them about what **things can be difficult** for autistic children.



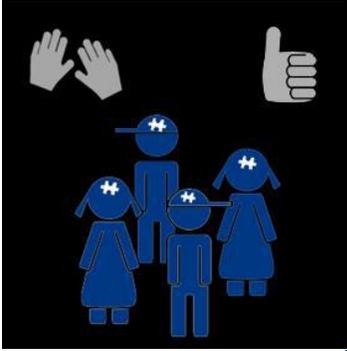
The teachers will test **if the training is good.**



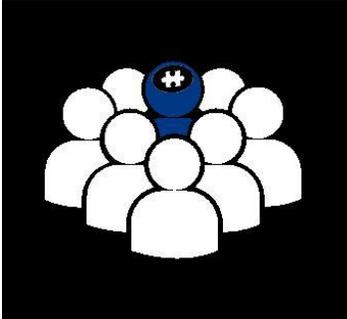
Many **autistic children** will take part too.



They will be able to **go to school** with **children who are not autistic.**



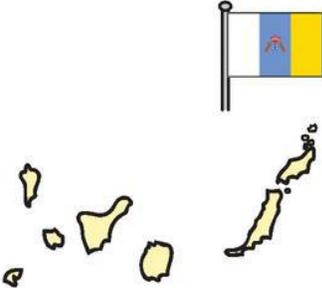
The teachers will **use the things they learned** to support the autistic children.



They will let autistic children **be part of the community**.



On the **11 January** the **first meeting** of the project took place.



The meeting happened in the **Canary Islands**.



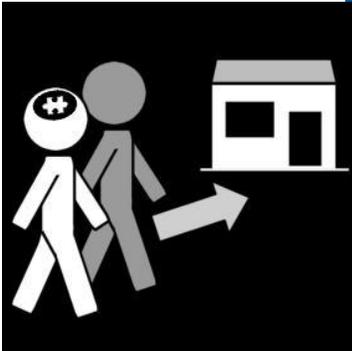
The Canary Islands are part of **Spain**.



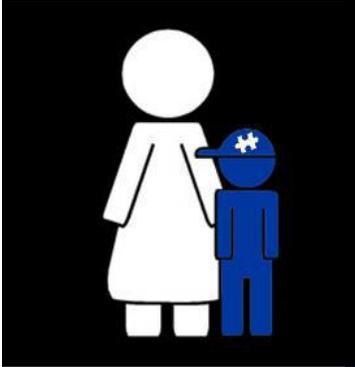
Partners in the project come from **4 different countries**.



**Other people** came to the meeting to hear about the project.



**Some autistic people** were there.



Some **parents** of autistic people were there.



Some **professionals** working with autistic people were there.



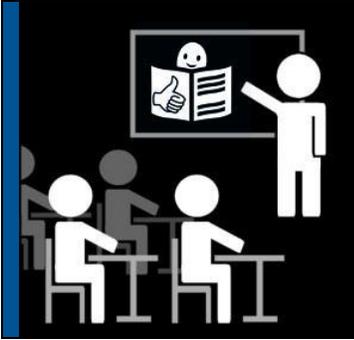
And some people working in **schools and universities** were there.



Cristina Fernández from Autism-Europe went to the meeting.



Autism-Europe will be in charge  
of **sharing information** about  
the project.



# Autism-Europe gives training on easy-to-read writing



On the 17 January 2017 Autism-Europe gave a **training session**.



The training session was about how to make **writing easy to read**.



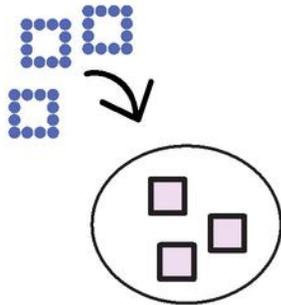
**Inclusion Europe**

The training session was organised by the organisation **Inclusion Europe**.



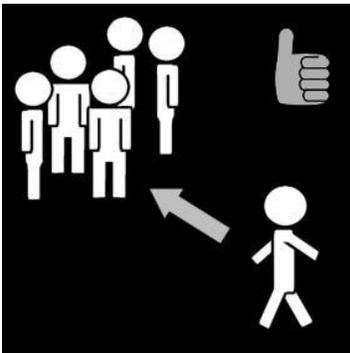
Inclusion Europe represents **people with learning disabilities.**

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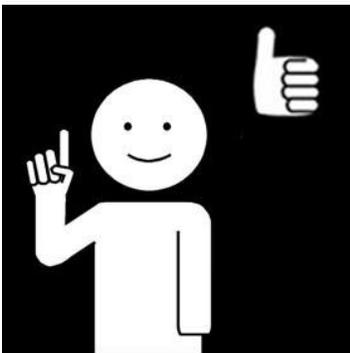
Autism-Europe is writing **more things** in an easy-to-read way.

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This is because we want **more people** to be part of the work we do.

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We want to make it **easier to understand** what Autism-Europe does.

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We want it to be **easier for all people to tell us** what they think.



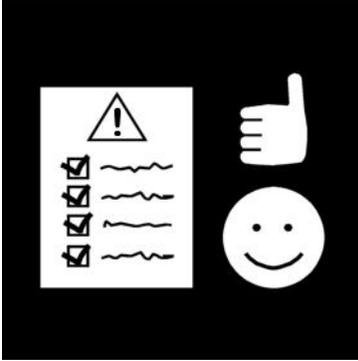
And to tell us what **things can be difficult** about being autistic.



We want to **include everyone!**

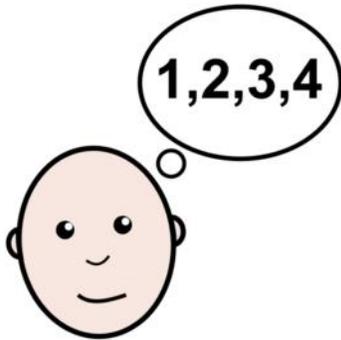


**Haydn Hammersley** from Autism-Europe gave the training session.



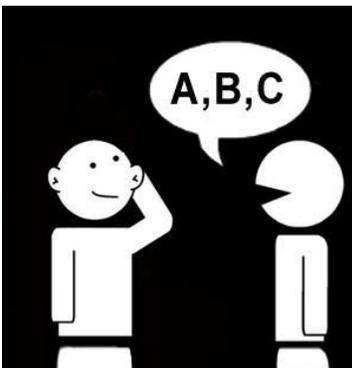
He talked about  
**the rules to follow**  
to make writing easy to read.

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He also showed how to make a page  
**look simple and clear.**

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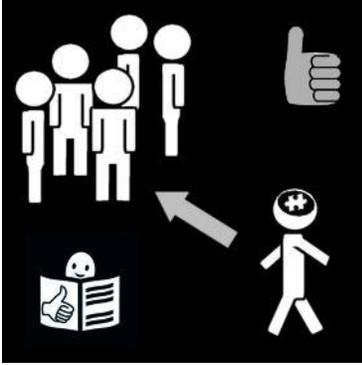


This **helps people concentrate**  
**on the words** and not get lost.

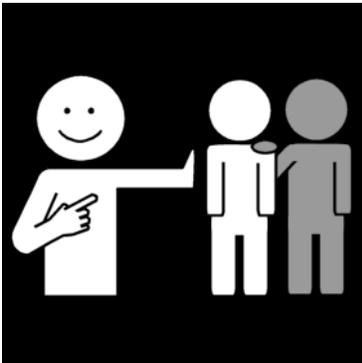
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We hope **more people will start**  
**to write in an easy-to-read way.**



This way **more people**  
can take part in society.



This way  
people with learning disabilities  
can be **more independent**.



Independent means they can **do**  
**more things by themselves**.



## About this e-newsletter



We hope you have **enjoyed** reading this!



**Inclusion Europe**

On this publication we follow the **advice** of the organisation **Inclusion Europe**.



We follow their **guidelines** to make the easy to read version of our e-newsletter.



This way we make sure the information is **as clear as possible**.



We use **pictograms** to help make things easier to understand.

**PICTO-SELECTOR**



The pictograms used in this e-newsletter come from the programme © **Picto-Selector**.



Some of them have been **adapted and/or created** by Autism-Europe.



Visit this website below to read the **easy-to-read guidelines**:

<http://easy-to-read.eu/>



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