



Autism-Europe improves
the quality of life of autistic people

E-newsletter- February 2018



This information is
easy to read!



Editorial



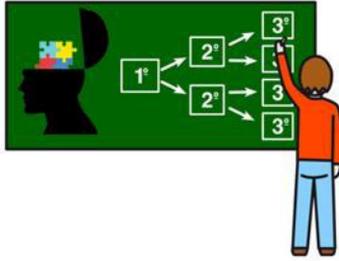
Welcome to
Autism-Europe's e-newsletter.



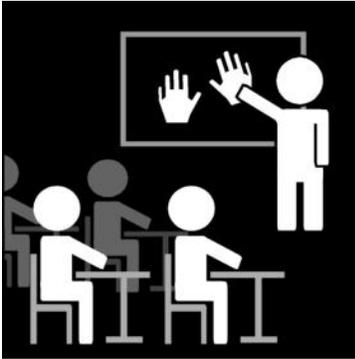
This newsletter is
in **easy-to-read** language.

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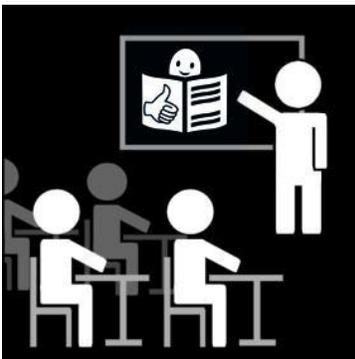
In this newsletter you will find
3 articles.



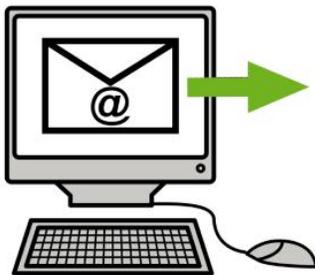
The first article on page number 4 is about how the European Union should make a plan to support autistic people.



The second article on page number 14 is about a new project with meeting in the Canary Islands.

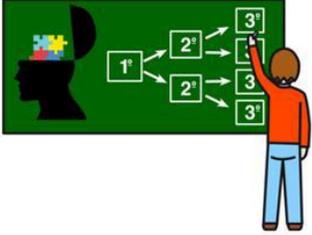


The final article on page number 22 is about a training on easy-to-read writing given by Autism-Europe.

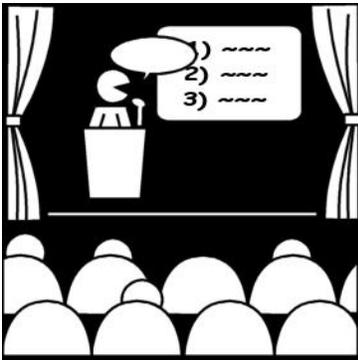


You can **send us ideas** for the next e-newsletter.

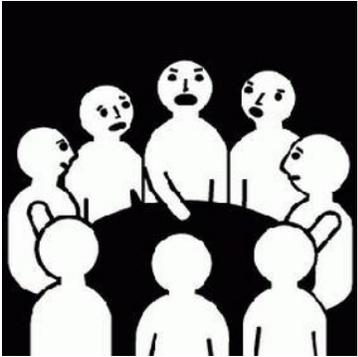
If you have ideas, **write us an email**. Write to communication@autismeurope.org



Autism Europe explains how to make a European plan for autism



In **January 2018** there was a **conference** in Madrid, in Spain



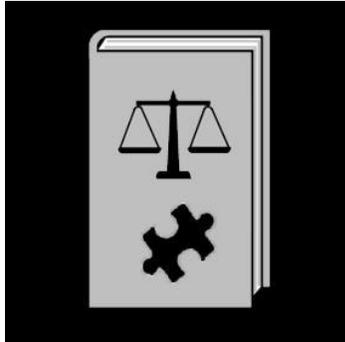
A **conference** is when people come together **to talk and listen** about a particular subject.



This conference was about **research on autism**.



Some of the research was **about how many people have autism** in different countries.



Some of the research was also about what laws exist in Europe to support autistic people



The conference was part of a **big programme** called **ASDEU**.



Some **people from Autism-Europe** were at the conference.



Aurélie Baranger,
the **Director** of Autism-Europe,
was there.



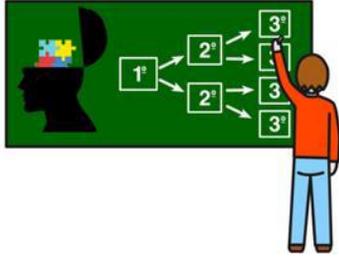
Zsuzsanna Szilvasy,
the **President** of Autism-Europe,
was also there.



Aurélie Baranger
spoke at the conference.



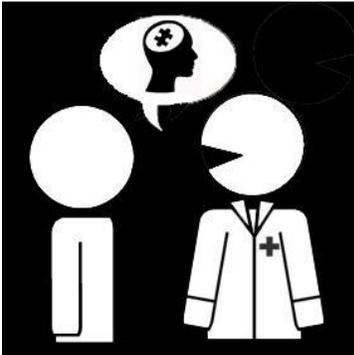
She explained **what things**
the **European Union** should do
to support autistic people.



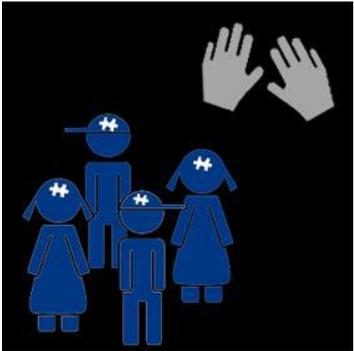
She explained how the European Union **should make a plan** to support autistic people.



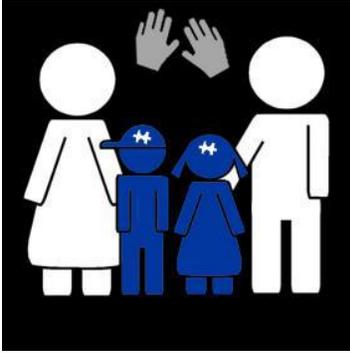
The plan should help people **get an autism diagnosis early**.



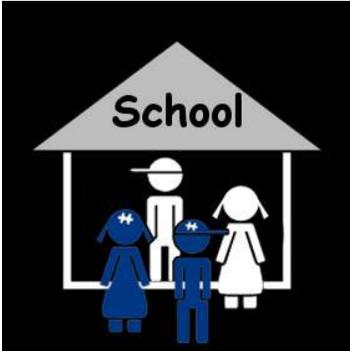
A “diagnosis” is when a **specialist** says that a person has autism.



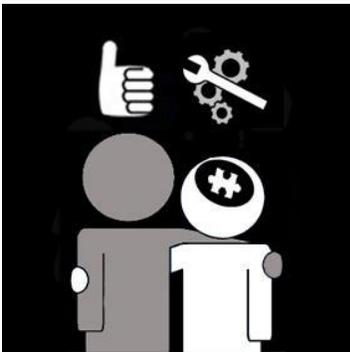
Having a **diagnosis at a young age** means a person can **get the support they need quickly**.



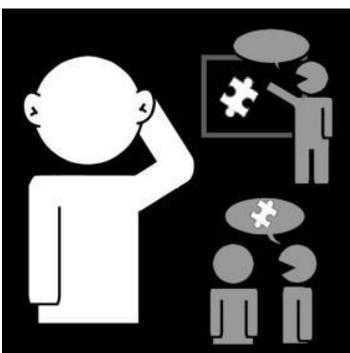
The plan should also **give support to parents** who have a child with autism.



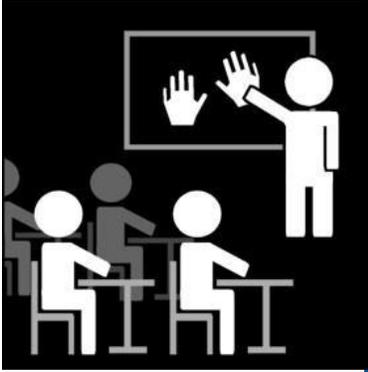
The plan should explain to countries how to **include autistic people in schools.**



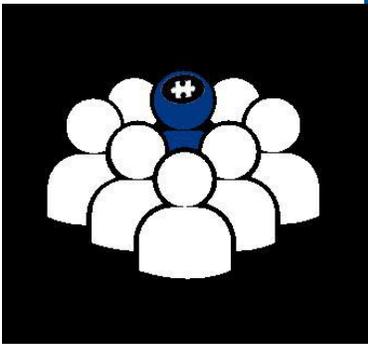
The plan should explain to countries how to support autistic people **who want to find a job.**



The European Union should spend money **to teach people about autism.**



They should teach people who work with autistic people **how they can support them better.**



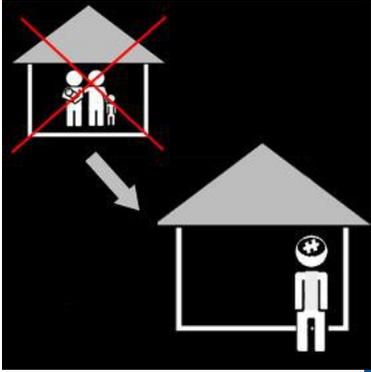
The plan should also explain to countries how autistic people can **live in the community.**



The European Union should spend money to **stop autistic people** having to **live in big institutions.**



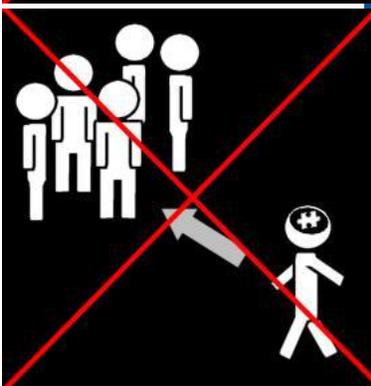
An institution **is a place** where some people live when they **cannot live at home.**



In an institution people **do not live with their family.**



In an institution people **cannot make decisions** about their life.



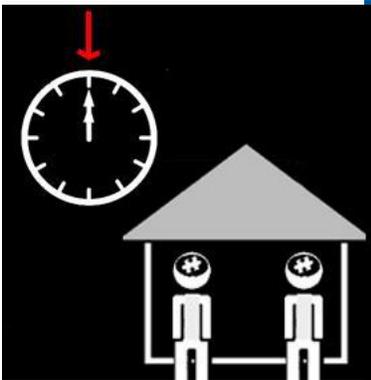
In an institution people are **kept away from their community.**



Autism-Europe **does not think an institution is a good place** for a person to live.



In the **past** many people with disabilities had to live in institutions.



Today **fewer people** live in institutions than in the past.



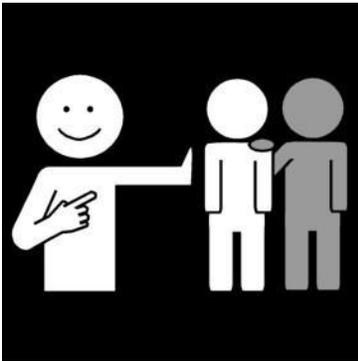
This is a **good thing**.



But lots of people with disabilities **still do live in institutions**.



The European Union should help stop this.



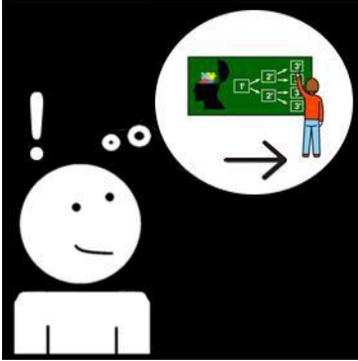
We want autistic people to **make choices** about their lives.



We want autistic people to **have support** to live like other people do.



These are **some of the things Autism-Europe** told the people working for the European Union.



We hope that the European Union **will make a plan** to support all autistic people.



We hope the European Union **will listen to our ideas**.



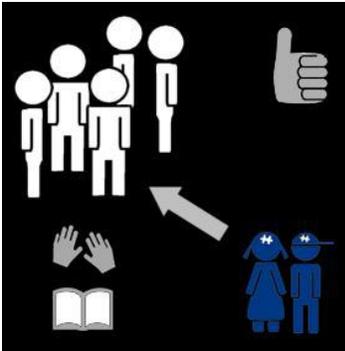
New project starts with meeting in the Canary Islands



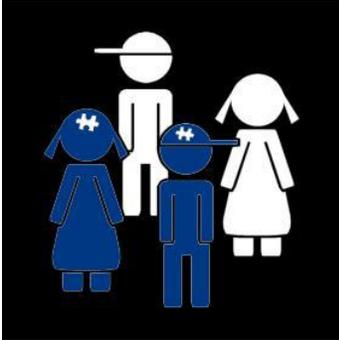
Autism-Europe is taking part in a **new project**.



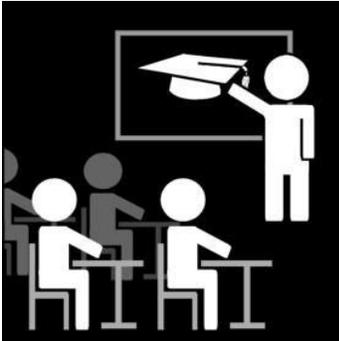
The projects is called **ETTECEC**.



The project is about including young autistic children in **school and care services**.



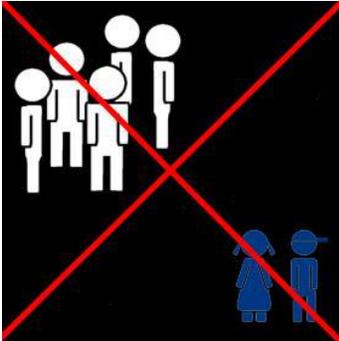
It is about **mixing autistic children with other children** who are not autistic.



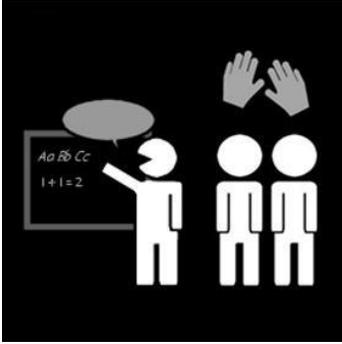
It is about **showing teachers and carers** how to include autistic children.



It teaches them **how to support** autistic children.



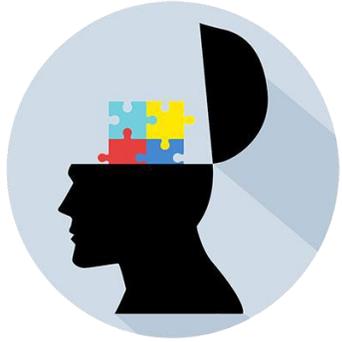
It is about **stopping** autistic children from **being separated** from other children.



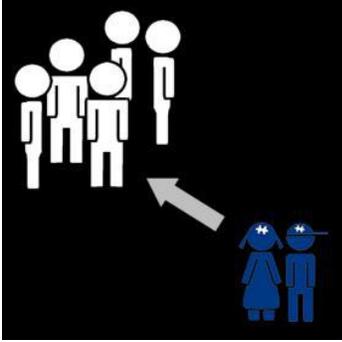
The project will **train some teachers** and carers in three countries.



The countries are **Spain, Slovenia** and the **Czech Republic**.



It will train teachers and carers **about what autism is**.



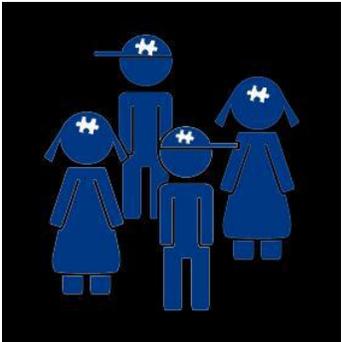
It will train them about **how to include autistic children**.



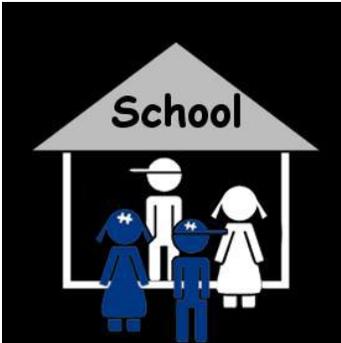
It will train them about what **things can be difficult** for autistic children.



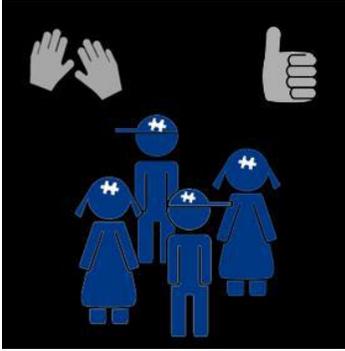
The teachers will test **if the training is good.**



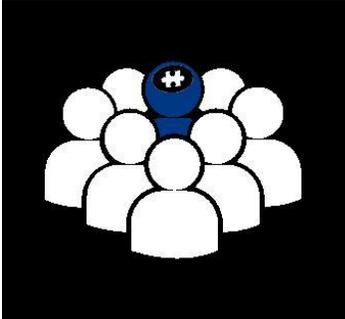
Many **autistic children** will take part too.



They will be able to **go to school with children who are not autistic.**



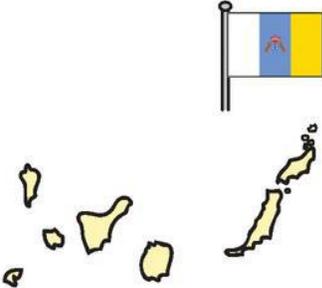
The teachers will **use the things they learned** to support the autistic children.



They will let autistic children **be part of the community.**



On the **11 January** the **first meeting** of the project took place.



The meeting happened in **the Canary Islands.**



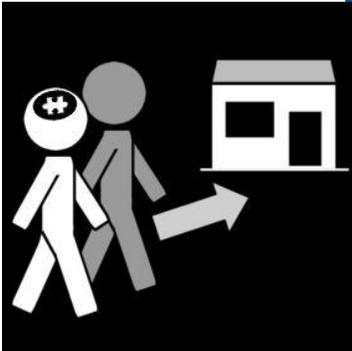
The Canary Islands are part of **Spain**.



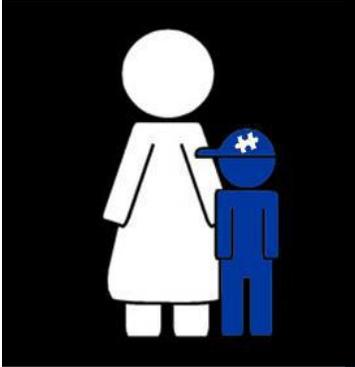
Partners in the project come from **4 different countries**.



Other people came to the meeting to hear about the project.



Some autistic people were there.



Some **parents** of autistic people were there.



Some **professionals** working with autistic people were there.



And some people working in **schools and universities** were there.



Cristina Fernández from Autism-Europe went to the meeting.



Autism-Europe will be in charge
of **sharing information** about
the project.



Autism-Europe gives training on easy-to-read writing



On the 17 January 2017
Autism-Europe gave
a **training session**.



The training session was about
how to make **writing easy to read**.

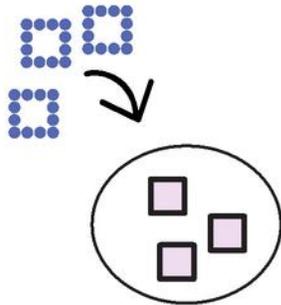


Inclusion Europe

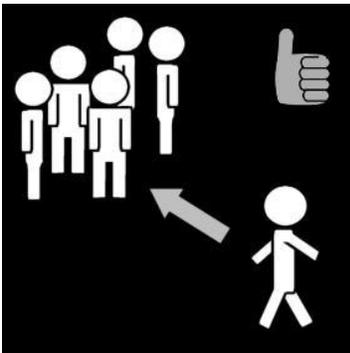
The training session was organised
by the organisation **Inclusion Europe**.



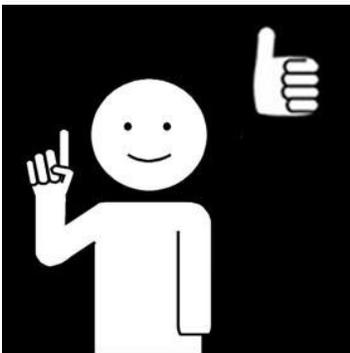
Inclusion Europe represents
people with learning disabilities.



Autism-Europe is writing
more things in an easy-to-read way.



This is because we want **more people**
to be part of the work we do.



We want to make it **easier to**
understand what Autism-Europe does.



We want it to be **easier for all people to tell us** what they think.



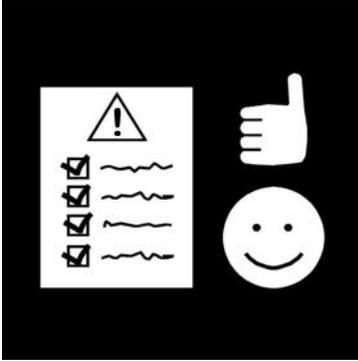
And to tell us what **things can be difficult** about being autistic.



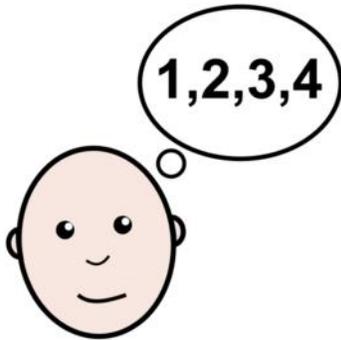
We want to **include everyone!**



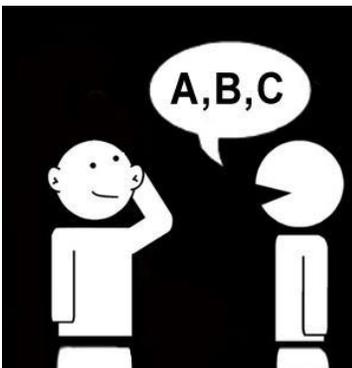
Haydn Hammersley from Autism-Europe gave the training session.



He talked about
the rules to follow
to make writing easy to read.



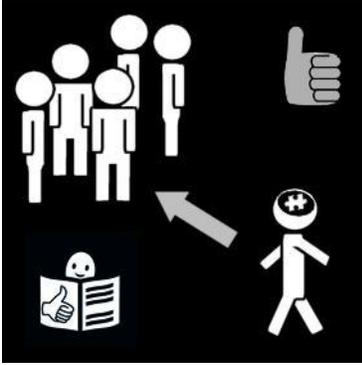
He also showed how to make a page
look simple and clear.



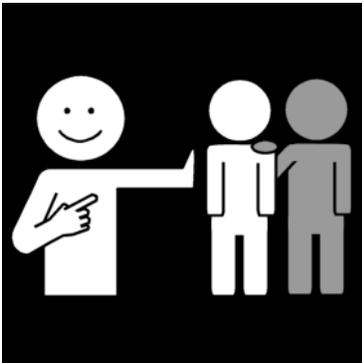
This **helps people concentrate**
on the words and not get lost.



We hope **more people will start**
to write in an easy-to-read way.



This way **more people** can take part in society.



This way people with learning disabilities can be **more independent**.



Independent means they can **do more things by themselves**.



About this e-newsletter



We hope you have **enjoyed** reading this!



Inclusion Europe

On this publication we follow the **advice** of the organisation **Inclusion Europe**.



We follow their **guidelines** to make the easy to read version of our e-newsletter.



This way we make sure the information is **as clear as possible**.



We use **pictograms** to help make things easier to understand.

PICTO-SELECTOR



The pictograms used in this e-newsletter come from the programme © **Picto-Selector**.



Some of them have been **adapted and/or created** by Autism-Europe.



Visit this website below to read the **easy-to-read guidelines**:

<http://easy-to-read.eu/>



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